

Weekly Morning Meditations  
‘Don’t Be Afraid’

Monday

the RECOGNITION

And he said, I heard thy voice in the garden, and I was afraid, because I was naked; and I hid myself. Genesis 3:10 [KJV]

FEAR     a feeling of anxiety and agitaton caused by the presence or nearness of danger, evil, pain, etc.; a feeling of unasiness or apprehension; concern

DON’T BE AFRAID

- ...for the Lord thy God is with thee - Deut. 20:1
- ... he will not fail thee, nor forsake thee - Deut. 31:6
- ...for there be more with us than with him - 2 Chron. 32:7
- ...remember the Lord - Neh. 4:14
- ...The Lord is my light and my salvation; whom shall I fear? the Lord is the strength of my life - Psalm 27:1
- ...In God have I put my trust - Psalm 56:11
- ...for I am with thee to deliver thee - Jeremiah 1:8
- ...for they cannot do evil, neither also is it in them to do good. Jeremiah 10:5
- ...Be of good cheer; it is I - Matthew 14:27
- ...only believe - Mark 5:36
- ...Peace I leave with you, <and> my peace I give unto you: John 14:27

WHAT DO I FEAR?\_\_\_\_\_

Wednesday

the REASON

And he said, I heard thy voice in the garden, and I was afraid, because I was naked; and I hid myself. Genesis 3:10 [KJV]

NAKED                completely unclothed; bare; nude; without protection or defense; exposed; lacking means of support

BEFORE THE SIN

And they were both naked, the man and his wife, and were not ashamed. Genesis 2:25 [KJV]

THE SIN

But of the tree of the knowledge of good and evil, thou shalt not eat of it: for in the day that thou eatest thereof thou shalt surely die. Genesis 2:17 [KJV]

And when the woman saw that the tree was good for food, and that it was pleasant to the eyes, and a tree to be desired to make one wise, she took of the fruit thereof, and did eat, and gave also unto her husband with her; and he did eat. Genesis 3:6 [KJV]

AFTER THE SIN

And the eyes of them both were opened, and they knew that they were naked; and they sewed fig leaves together, and made themselves aprons. Genesis 3:7 [KJV]

RESULT

1.        they RECEIVED INPUT (independent of GOD)
2.        they INTERPRETED INPUT (independent of GOD)
3.        they     DISPATCHED     INSTRUCTIONS (independent of GOD)
4.        they PERFORMED FUNCTIONS (independent of GOD)

Friday

the RESULT

And he said, I heard thy voice in the garden, and I was afraid, because I was naked; and I hid myself. Genesis 3:10 [KJV]

HIDE        to put or keep out of sight; conceal; keep secret; keep from being seen

WAYS WE HIDE

- CONDEMN        to pass an adverse judgment on; disapprove of strongly; censure; to declare to be guilty of wrongdoing; find fault (Matthew 7:1-2, Luke 6:37, Romans 2:1)
- DENY                to refuse to accept as true or right; reject as unfounded, unreal, etc.; to refuse to acknowledge as one’s own; disown; repudiate (Matthew 10:33; 2 Tim. 2:12; Titus 1:16)
- DECEIVE        to make (a person) believe what is not true; delude; mislead (Romans 16:18; 1 Cor. 3:18; Galatians 6:3; James 1:26)

Yea, the darkness hideth not from thee; but the night shineth as the day: **the darkness and the light are both alike to thee**. Psalm 139:12 [KJV]

**He that covereth his sins shall not prosper:** but whoso confesseth and forsaketh them shall have mercy. Proverbs 28:13 [KJV]

A good man out of the good treasure of his heart bringeth forth that which is good; and an evil man out of the evil treasure of his heart bringeth forth that which is evil: **for of the abundance of the heart his mouth speaketh**. Luke 6:45 [KJV]