

## MORNING MEDITATION

**THEME** Deuteronomy 8:3-10 - THROUGH IT ALL

**PASSAGE:** And he **humbled thee**, and **suffered thee to hunger**, and **fed thee with manna**, which thou knewest not, neither did thy fathers know; that he might make thee know that man doth not live by bread only, but by every word that proceedeth out of the mouth of the Lord doth man live. **Thy raiment waxed not old upon thee, neither did thy foot swell, these forty years.** Thou shalt also consider in thine heart, that, as a man chasteneth his son, so the Lord thy God chasteneth thee. Therefore thou shalt keep the commandments of the Lord thy God, to walk in his ways, and to fear him. For the Lord thy God bringeth thee into a good land, a land of brooks of water, of fountains and depths that spring out of valleys and hills; A land of wheat, and barley, and vines, and fig trees, and pomegranates; a land of oil olive, and honey; A land wherein thou shalt eat bread without scarceness, thou shalt not lack any thing in it; a land whose stones are iron, and out of whose hills thou mayest dig brass. **When thou hast eaten and art full, then thou shalt bless the Lord thy God for the good land which he hath given thee.** Deut. 8:3-10

### DEFINITION

#### WEBSTERS

long and patient endurance of injuries, insults, trouble, etc.

#### RELATED DEFINITIONS

ENDURE to hold up (*i.e. barden*) under (*pain, fatigue, etc.*); stand; bear; undergo

FORBEAR to keep oneself in check; control oneself under provocation

PATIENT bearing or enduring pain, trouble, etc. without complaining or losing self-control

### DIVINE TRUTH

TRUE STRENGTH is NOT the ABILITY TO OVERCOME  
BUT THE ABILITY TO OUTLAST

### TYPES OF SUFFERING

- the **“WEIGHT”** (*HOLDS YOU DOWN*)
- the **“CHAIN”** (*HOLDS YOU BACK*)
- the **“WALL”** (*BLOCKS YOU*)
- the **“VICE”** (*SQUEEZES YOU*)
- the **“STORM”** (*TOSSES YOU ABOUT*)
- the **“DESERT”** (*DRYS YOU UP*)
- the **“FLOOD”** (*DROWNS YOU*)

### VALUE OF LONGSUFFERING

1. it **PURGES** (*to make free of something unwanted*)
2. it **PENETRATES** (*to pierce, find, or force a way into or through*)
3. it **PREPARES** (*make ready beforehand for some purpose*)
4. it **POSITIONS** (*to place or station*)
5. it **PROFITS** (*a valuable return; gain*)

### MEDITATIVE VERSES

Thou therefore **endure hardness, as a good soldier of Jesus Christ.** 2 Tim. 2:3

Behold, we count them happy which endure. Ye have heard of the patience of Job, and have seen the **end of the Lord; that the Lord is very pitiful, and of tender mercy.** James 5:11

And ye shall be hated of all men for my name's sake: but he that **endureth to the end shall be saved.** Matthew 10:22

But watch thou in all things, **endure afflictions**, do the work of an evangelist, make full proof of thy ministry. 2 Timothy 4:5